

Your Weekly Activities

Monday	6:00am	LiveFit Training
	7:00am	LiveFit Training
	9:30am	Active Living
	10:00am	55 & Over Bingo
	10:30am	
	7:00pm	Trivia
Tuesday	10:00am	Bingo
	10:30am	
	12:00pm	Housie
Wednesday	6:00am	LiveFit Training
	7:00am	LiveFit Training
	9:00am	Chair Zumba
	10am on sale	Bingo
	10:30am start	
	7:00pm	Poker
Thursday	9:30am	Active Living
	10am on sale	Bingo
	10:30am start	
	6:30pm	Thursday Raffle
Friday	6:00am	LiveFit Training
	9:00am	Gentle Exercises
	6:00pm	Members Free Raffle
Saturday	7:00am	LiveFit Training
	8:30pm	Corona DJ
Sunday	1:00pm	Live Music

**Starts
Monday
5th Feb**

All activities in the Sunroom, except Poker which is located in the Quarter Deck.
Times and activities are correct at the time of printing and are subject to change.